

CATH DAVIES

aikido-oberursel.de



© aikido oberursel

26 – 28 June 2015

Aikido Seminar with

CATH DAVIES (Birmingham, UK)

26 – 28 June 2015 in Oberursel, Germany

Cath Davies is 6th Dan Aikikai Tokyo from Birmingham/UK.

She began aikido in 1981 at the age of 13 under the instruction of David Bushell. When he retired in 1987, she continued to study under Peter Brady Shihan who has been her main technical influence since this time.

From the late nineties, Cath's aikido practice and development has been strongly influenced by Endo Seishiro Shihan. Her current emphasis is on how we use and create space (both within the technique and within ourselves) and the importance of understanding posture and angles to ensure good alignment.

More information at
<http://www.myoshinjuku.org.uk>

FRI
19.30 – 21.30 Aikido

SAT
10.30 – 12.30 Aikido
16.00 – 18.00 Aikido
from 19.00 Party at the dojo – we have a large supply of drinks; food & wine contributions are welcome, though :-)

SUN
11.00 – 13.00 Aikido

No weapons required.
Beginners are welcome!

Aikido Oberursel (TV Weisskirchen)
Oberurseler Str. 16
61440 Oberursel
Germany
(ca. 20 mins from Frankfurt)

How to get there:
<http://aikido-oberursel.de/en/location>

Accommodation:
You may drop your sleeping bag at the dojo. The D&B fee is 10 € per night and includes a full breakfast. There is also a self-service bar with drinks at very affordable prices. **Please** get in touch if you have special nutrition requirements!

For more accommodation options check the „Location“ page on our website.

Registration procedure:

- **Please** register via e-mail and tell us your arrival date and accommodation choice!
- Short notice participation is possible

Registration contact:

dojo@aikido-oberursel.de
Mobile +49 (172) 86 36 101 (Klaus)
<http://aikido-oberursel.de>

All participants must accept the dojo's Terms & Conditions for seminar participation (see „Terms & Conditions“ page on our website).
A printed copy is available at the venue. — Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V.