

OPEN KEIKO

**Eric Steeves &
Klaus Messlinger**

11 June 2017



 aikido oberursel

ERIC STEEVES & KLAUS MESSLINGER

Open Keiko
Sunday, 11 June 2017

18.00 - 20.00 Aikido

Please bring bokken and jo, if available.

Beginners are welcome!

Class is held in German, English and French
if requested.

The Open Keiko is a cooperation of teachers in the Rhine-Main area. It is a joint class which is meant to serve the exchange between dojos in the vicinity. Therefore it is open to participants of all schools and styles.

Eric Steeves is 4th dan aikido. His focus is on the systematic research into the unity of the body, looking for natural movements and scrutinising habitual postures.

Klaus Messlinger is 3rd dan aikido (Aikikai Tokyo) and founder of Aikido Oberursel. His special interest lies with a lively connection between tori and uke – alert, but reduced to the essential movement.

Location:

Aikido Oberursel (TV Weisskirchen)
Oberurseler Str. 16, 61440 Oberursel, Germany
(ca. 20 mins from Frankfurt)
How to get there:
<https://aikido-oberursel.de/en/location>

Contact:

dojo@aikido-oberursel.de
Mobile +49 (172) 86 36 101 (Klaus)
<https://aikido-oberursel.de/en>

All participants must accept the dojo's terms & conditions for class participation (see „Terms & Conditions“ page on our website).
Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V. sports club. We are a non-profit organisation,
so all proceedings are used to cover the expenses of the teachers, revenues exceeding costs are donated.