OPEN KEIKO
Eric Steeves &
Klaus Messlinger
15 December
2017

KLAUS MESSLINGER







ERIC STEEVES & KLAUS MESSLINGER

Open Keiko Friday, 15 December 2017 @ GSS dojo Oberursel

19.00 - 21.00 Aikido

Beginners are welcome!

Class is held in German, English and French if requested.

The Open Keiko is a cooperation of teachers in the Rhine-Main area. It is a joint class which is meant to serve the exchange between dojos in the vicinity. Therefore it is open to participants of all schools and styles.

Eric Steeves is 4th dan aikido. His focus is on the systematic research into the unity of the body, looking for natural movements and scrutinising habitual postures.

Klaus Messlinger is 3rd dan aikido (Aikikai Tokyo) and founder of Aikido Oberursel. His special interest lies with a lively connection between tori and uke – alert, but reduced to the essential movement.

Location:

Old gym of the Grundschule Stierstadt (GSS) Römerstraße 1 61440 Oberursel (ca. 20 mins from Frankfurt)

How to get there:

https://aikido-oberursel.de/en/location#gss

Contact:

dojo@aikido-oberursel.de Mobile +49 (172) 86 36 101 (Klaus) https://aikido-oberursel.de/en

All participants must accept the dojo's terms & conditions for class participation (see "Terms & Conditions" page on our website).

Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V. sports club. We are a non-profit organisation, so all proceedings are used to cover the expenses of the teachers, revenues exceeding costs are donated.