

# OPEN KEIKO

# Jacqueline von Arb & Klaus Messlinger 4 March 2018

DUE TO ILLNESS  
ONLY WITH  
JACQUELINE VON ARB



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# OPEN KEIKO

**Aikido with Jacqueline 'Aikimama' von Arb  
& Klaus Messlinger**  
Sunday, 4 March 2018

18:00–20.00 Aikido

The class is suitable for beginners.

No weapons required.

**>> Please register via this link:**

<https://aikido-oberursel.de/ok1803en>

**Jacqueline von Arb** is 2nd dan aikido (Aikikai Tokyo), and head instructor of JuShinKan Aikido in Stavanger, Norway. Jacqueline is continuously travelling to practice in a large number of dojos around the world, which she uses to work in depth on 'connection' both on and off the mats, and to build networks in the aikido community.

**Klaus Messlinger** is 3rd dan aikido (Aikikai Tokyo) and founder of Aikido Oberursel. His special interest lies with a lively connection between tori and uke – alert, but reduced to the essential movement.

## Location:

Aikido Oberursel (TV Weisskirchen)  
Oberurseler Str. 16  
61440 Oberursel  
Germany

(ca. 20 mins from Frankfurt)

## Directions:

<https://aikido-oberursel.de/en/location>

## Contact:

[dojo@aikido-oberursel.de](mailto:dojo@aikido-oberursel.de)  
Mobile +49 (172) 86 36 101 (Klaus)  
<https://aikido-oberursel.de/en/>

All participants must accept the dojo's terms & conditions for class participation (see „Terms & Conditions“ page on our website).  
Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V. sports club. We are a non-profit organisation,  
so all proceedings are used to cover the expenses of the teachers, revenues exceeding costs are donated.